

# ameB Technical work Practise sheet

## 4th Grade (full syllabus)

	octaves	B major	Bb major	E major *	F major *	B harmonic minor	Bb harmonic minor	E harmonic minor *	F harmonic minor *	B melodic minor	F melodic minor *	E melodic minor *	B chromatic	F chromatic	Bb chromatic	B major CM	Bb major CM	E major CM	F major CM	B harmonic minor CM	Bb harmonic minor CM	E harmonic minor CM	F harmonic minor CM	B major arpeggio	Bb major arpeggio	F major arpeggio	Bb major arpeggio	E harmonic minor arpeggio	Bb harmonic minor arpeggio	F harmonic minor arpeggio		
Day 1		4	4	4	4	4	4	4	4	4	4	4	4	4	4	2	2	2	2	2	2	2	2	2	2	4	4	4	4	4	4	4
	RH																															
	LH																															
	TOG																															
Day 2	RH																															
	LH																															
	TOG																															
Day 3	RH																															
	LH																															
	TOG																															
Day 4	RH																															
	LH																															
	TOG																															
Day 5	RH																															
	LH																															
	TOG																															
Day 6	RH																															
	LH																															
	TOG																															
Day 7	RH																															
	LH																															
	TOG																															
Day 8	RH																															
	LH																															
	TOG																															

**NOTES**

**Speeds:** Legato Scales: 72, 4 notes per beat  
 Staccato Scales: 60, 4 notes per beat  
 Contrary motion: 52, 4 notes per beat  
 Arpeggios: 76, 2 notes per beat

**Touch:** legato for all and staccato marked with \*